AOFAS Ankle-Hindfoot Scale

Patient Name: _________________________
Patient MRN: _________________________
Date: _________________________________

I. Pain (40 points)

☐ None: +40
☐ Mild, occasional +30
☐ Moderate, daily +20
☐ Severe, almost always present +0

II. Function (50 points)

Activity limitations, support requirements

☐ No limitations, no support +10
☐ No limitation of daily activities, limitations of recreational activities, no support +7
☐ Limited daily and recreational activities, cane +4
☐ Severe limitation of daily and recreational activities, walker, crutches, wheelchair, brace +0

Maximum walking distance, blocks

☐ Greater than six +5
☐ Four-six +4
☐ One-three +2
☐ Less than one +0

Walking surfaces

☐ No difficulty on any surface +5
☐ Some difficulty on uneven terrain, stairs, inclines, ladders +3
☐ Severe difficulty on uneven terrain, stairs, inclines, ladders +0

Gait abnormality

☐ None, slight +8
☐ Obvious +4
☐ Marked +0

Sagittal motion (flexion plus extension)

☐ Normal or mild restriction (30° or more) +8
☐ Moderate restriction (15° - 29°) +4
☐ Severe restriction (less than 15°) +0

Hindfoot motion (inversion plus eversion)

☐ Normal or mild restriction (75% - 100% normal) +6
☐ Moderate restriction (25% - 74% normal) +3
☐ Marked restriction (less than 25% of normal) +0

Ankle-hindfoot stability (anteroposterior, varus-valgus)

☐ Stable +8
☐ Definitely unstable +0

III. Alignment (10 points)

☐ Good, plantigrade foot, ankle-hindfoot well aligned +10
☐ Fair, plantigrade foot, some degree of ankle-hindfoot malalignment observed, no symptoms +5
☐ Poor, nonplantigrade foot, severe malalignment, symptoms +0

IV. Total Score (100 points):

_____ Pain Points +
_____ Function Points +
_____ Alignment Points =

_____ Total Points/100 points

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