

AOFAS Ankle-Hindfoot Scale

Patient Name:			
Patient MRN:	_		
Date:	_		
I Dain (40 mainte)		Consisted and the (floring along the control of the	
I. Pain (40 points)	. 40	Sagittal motion (flexion plus extension)	
None:	+40	☐ Normal or mild restriction (30° or	+8
Mild, occasional	+30	more)	_
Moderate, daily	+20	Moderate restriction (15° - 29°)	+4
Severe, almost always present	+0	Severe restriction (less than 15°)	+0
II. Function (50 points)		Hindfoot motion (inversion plus eversion)	
Activity limitations, support requirements		Normal or mild restriction (75% -	
No limitations, no support	+10	100% normal)	+6
No limitation of daily activities,		Moderate restriction (25% - 74%	
limitations of recreational activities,	+7	normal)	+3
no support		Marked restriction (less than 25% of	
Limited daily and recreational	. 4	normal)	+0
activities, cane	+4		
Severe limitation of daily and			
recreational activities, walker,	+0	Ankle-hindfoot stability (anteroposterior,	
crutches, wheelchair, brace		varus-valgus)	
		Stable	+8
Maximum walking distance, blocks		Definitely unstable	+0
Greater than six	+5		
Four-six	+4	III. Alignment (10 points)	
One-three	+2	Good, plantigrade foot, ankle-	+10
Less than one	+0	hindfoot well aligned	+10
		Fair, plantigrade foot, some degree of	
Walking surfaces		ankle-hindfoot malalignment	+5
No difficulty on any surface	+5	observed, no symptoms	
Some difficulty on uneven terrain,	+3	Poor, nonplantigrade foot, severe	+0
stairs, inclines, ladders		malalignment, symptoms	
Severe difficulty on uneven terrain,	+0		
stairs, inclines, ladders		IV. Total Score (100 points):	
Coit almonati		Pain Points +	
Gait abnormality	.0	Function Points +	
None, slight	+8	Alignment Points =	
Obvious	+4		
Marked	+0	m . lp /400	
		Total Points/100 points	

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