

## **Knee injury and Osteoarthritis Outcomes Score for Joint Replacement (KOOS JR) Survey**

Patient Name: \_\_\_\_\_

Patient MRN: \_\_\_\_\_

Date: \_\_\_\_\_

Affected Knee: R L (Circle One)

### **Instructions:**

This survey asks for your opinion about your hip and helps us understand how well you are able to complete your usual activities. Answer each question by ticking the appropriate box (only one box for each question). If you are uncertain about how to answer a question, please give the best answer you can.

### **I. Stiffness**

Stiffness is a sensation of restriction or slowness in the ease with which you move your knee joint. What amount of knee stiffness have you experienced the last week during the following activities?

S1. How severe is your knee stiffness after first wakening in the morning?

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

### **II. Pain**

What amount of knee pain have you experienced the last week during the following activities?

P1. Twisting/pivoting on your knee

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

P2. Straightening knee fully

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

P3. Going up or down stairs

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

P4. Standing upright

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

### **III. Function, daily living**

This section describes your ability to move around and to look after yourself. For each of the following activities, please indicate the degree of difficulty you have experienced in the last week due to your knee.

A1. Rising from sitting

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

A2. Bending to the floor/pick up an object

None (+0)     Mild (+1)     Moderate (+2)     Severe (+3)     Extreme (+4)

**III. Scoring:**

The KOOS JR is scored by summing the raw response (range 0-28) and then converting it to an interval score using the table provided below. The interval score ranges from 0 to 100 where 0 represents total knee disability and 100 represents perfect knee health.

Raw Summed Score (0-28)	Interval Score (0-100)	Raw Summed Score (0-28)	Interval Score (0-100)	Raw Summed Score (0-28)	Interval Score (0-100)	Raw Summed Score (0-28)	Interval Score (0-100)	Raw Summed Score (0-28)	Interval Score (0-100)
0	100.000	6	70.704	12	57.140	18	42.281	24	24.875
1	91.975	7	68.284	13	54.840	19	39.625	25	20.941
2	84.600	8	65.994	14	52.465	20	36.931	26	15.939
3	79.914	9	63.776	15	50.012	21	34.174	27	8.291
4	76.332	10	61.583	16	47.487	22	31.307	28	0.000
5	73.342	11	59.381	17	44.905	23	28.251		

-----  
 \_\_\_\_\_ Interval Score (100 points)