Knee injury and Osteoarthritis Outcomes Score for Joint Replacement (KOOS JR) Survey

Patient Name: ________________________  Patient MRN: ________________________
Date: ________________________________  Affected Knee:  R  L  (Circle One)

Instructions:
This survey asks for your opinion about your knee and helps us understand how well you are able to complete your usual activities. Answer each question by ticking the appropriate box (only one box for each question). If you are uncertain about how to answer a question, please give the best answer you can.

I. Stiffness
Stiffness is a sensation of restriction or slowness in the ease with which you move your knee joint. What amount of knee stiffness have you experienced the last week during the following activities?

S1. How severe is your knee stiffness after first wakening in the morning?

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

II. Pain
What amount of knee pain have you experienced the last week during the following activities?

P1. Twisting/pivoting on your knee

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

P2. Straightening knee fully

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

P3. Going up or down stairs

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

P4. Standing upright

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

III. Function, daily living
This section describes your ability to move around and to look after yourself. For each of the following activities, please indicate the degree of difficulty you have experienced in the last week due to your knee.

A1. Rising from sitting

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)

A2. Bending to the floor/pick up an object

☐ None (+0)  ☐ Mild (+1)  ☐ Moderate (+2)  ☐ Severe (+3)  ☐ Extreme (+4)
### III. Scoring:
The KOOS JR is scored by summing the raw response (range 0-28) and then converting it to an interval score using the table provided below. The interval score ranges from 0 to 100 where 0 represents total knee disability and 100 represents perfect knee health.

<table>
<thead>
<tr>
<th>Raw Summed Score (0-28)</th>
<th>Interval Score (0-100)</th>
<th>Raw Summed Score (0-28)</th>
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<th>Interval Score (0-100)</th>
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_____ Interval Score (100 points)